Attitude>practice; discrepancy score>average B Attitude $>$ practice; discrepancy score $\leq$ average Attitude $<$ practice

Sleep attitude Sleep practice


Agriculture, forestry, fishing, and hunting
Supplementary Figure 1. The sleep attitude, sleep practice and the discrepancy between attitude priority score and practice priority score of different occupational categories. Both left and right panels represent duplicate content differently. A: The red bar represents the discrepancy score is above average; the green bar represents the discrepancy score is below average; the blue bar represents the discrepancy score is not only below average, but also negative. The orange dotted line represents the average. The Mass media Communication industry worker tended to have more sleep sacrificed and agriculture, forestry, fishing and hunting industry worker tended to have less sleep sacrificed. B: The blue bar represents the sleep priority attitude and the orange bar represents the sleep priority practice. Similarly, the mass media communication industry worker tended to value sleep more and the agriculture, forestry, fishing and hunting industry worker tended to value sleep less.

